

CLASS SPECIFICATION
County of Fairfax, Virginia

CLASS CODE: 3132

TITLE: HOME HEALTH AIDE

GRADE: S-12

DEFINITION:

To perform personal care activities as designated by a physician and public health nurse in planning for a patient's total nursing care; to perform light housekeeping activities as required to facilitate the patient's health care at home and which are necessary to prevent or postpone institutionalization; and to do related work as required.

TYPICAL TASKS:

Performs personal care activities including bath, care of the mouth, skin and hair;
Toileting, bedpan or commode;
Helping patient to move from bed to chair and to ambulate;
Encouraging patient's participation in prescribed exercises;
Assisting patient in relearning household duties and self-care activities;
Encouraging diversional activities as instituted by the occupational therapists;
Planning and preparing meals, including special diets;
Carrying out procedures, which have been taught by appropriate professional personnel and are well understood by the aide (such as applying heat and cold, changing non-sterile dressings and positioning patients);
Performing light housekeeping activities which will facilitate the patient's health care at home;
To do related work as required.

EMPLOYMENT STANDARDS:

Graduation from high school and one year of experience as a nurse's aide.

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